

Desiderata

by Billy Meier

Pay heed to freedom, for it is the privilege
and prerogative of every human being and all other life forms.

Pay heed to love, for it is the essence of Creation,
of human beings and of life.

Pay heed to peace, for it is the assurance
of all positive development and unrestricted evolution.

Pay heed to harmony, for therein lies the
equilibrium of every thought, feeling, deed
and everything else.

Do not allow yourself to be rushed by the din, burdens
or bustle of daily living, but remain always composed
under every circumstance life presents.

Seek tranquility, peace, love and freedom -
each is a valuable element of harmony.

Allot some time every day to finding tranquility,
for it affords you respite and time to contemplate.

Practice getting along well with everyone
but do not lose yourself in the process
and always remain within the limits of your ability.

Always respect your fellowmen as fellow human beings,
although they may have dispositions that differ from yours;
indeed, even the worst among them is a creation of Creation,
hence, everyone is just like you - a human being.

State your truths freely, clearly, calmly and candidly,
for only in this manner is an authentic picture created
which defines the true nature of everything.

Allow other people to freely express their opinions,
for they are allotted the same rights as you.

Listen to others, to the bright and intellectual individuals,
and also to the obtuse, the foolish and those who lack learning,
for they, too, have opinions and statements to offer.

But distance yourself from aggressive, boisterous and
obstinate individuals so as not to become embroiled
in their pointless disputes,
for such people insult one's consciousness,
humaneness and refinement;
and yet, at the same time, forget not
that they too are beings of Creation, whom you,
as a fellow human being, must show appropriate respect,
even though you may find their thoughts,
feelings, deeds and actions unacceptable.

Should you draw comparisons between yourself and others,
you will inevitably realize that others
are either stronger or weaker than you in certain matters;
this, however, is no justification for you to feel
superior or inferior to them.

Therefore, neither vain nor arrogant become,
neither bitter nor ashamed, for there will always be
someone who is more eminent or less advanced than you
in learning, morality, character and the like.

Refrain not from enjoying achievements you have gained
through your own honest efforts.

Delight in these accomplishments as much as you do
in setting positive objectives
and bringing them to successful completions.

Always be mindful of continuing your development
in every possible matter, including both your personal
and consciousness-related evolutions.

Therefore be perpetually and humbly attentive
to your personal progress, but only in a righteous manner,
because integrity is the only, truly positive possession
you have as a human being in these changing times.

Approach your work and your business with forethought
and circumspection, for good work is worthy
of proper compensation;
circumspection, forethought and honesty
offer sound long-term rewards in business,
even in a world of guile.

When you achieve positive, remarkable successes
keep from becoming blinded and deafened by them and
proceed toward those things of virtuous substance.

Be attentive also to the means and ways
of the people with whom you deal;
though many strive for lofty ideals,
few reach their goals.

Life appears filled with heroism wherever you gaze,
but when you glance behind the scenes
you find only fear enveloped in a haze
and someone's craving for pretending
to be greater than he or she really is.

Hence, heed not these matters to the degree where
you wish to imitate them; instead, recognize your true self.
Positively realize yourself within your own Self.
And allow these traits to permeate your entire nature.

Do not feign affection for someone if, in reality,
you fail to hold such feelings for the person.

Make no pretense to your fellowmen that bears no truth,
for honesty is a directive which, together with knowledge,
is undeniably the path to wisdom.

Never be cynical about sincere love,
for love provides you with the certainty of coexisting
within everything there is, in both the spiritual
and the physical realms.

And love is the true essence of Creation;
it will endure for ur-eternity and all Great Times
beyond every conceivable hardship and disappointment.

Love is the actual cornerstone and the true incentive of life
where the aspirations form to reach higher, indeed,
to the very highest levels possible.
Love will never die, it will survive eternally
as it pulsates in the everlasting rhythm of
Creational harmony.

Forfeit every negative trait in your life with dignity and,
through self-knowledge, leave yourself open to
counsel for self-realization.

Cheerfully accept what your positive knowledge
and balanced wisdom counsel you to do, and
gain control over your thoughts, feelings, indeed,
your entire consciousness, for in so doing you strengthen yourself

for unavoidable predicaments, and you will never lose heart
even when faced with unexpected misfortune.

Always practice loyalty and integrity,
and never make yourself unhappy over unrighteous things
or those you merely imagine.

Free yourself from alarm and fear,
which oftentimes originate from loneliness,
mental exhaustion and idleness.
Loneliness, mental exhaustion and idleness
are enemies of progress.

Seek, therefore, the company of those
who are knowledgeable and wise,
for they will teach you how to stimulate
and utilize your thoughts,
and how to actively evolve.

Always practice healthy self-discipline
while being kind to yourself at all times,
for you are an individual, an independent person,
who requires not only the pleasant kindness of others
but also the consideration you provide yourself.

You are a creation of Creation, the universe,
and in no way are you any less than your fellowman,
the trees, plants, all animal species or the celestial bodies
in the infinite vastness of universal space.

You have the right to be alive and to exist on this Earth,
regardless of who and what you may be,
and it matters not if you comprehend
the unfolding of the universe in the way Creation,
the Universal Consciousness, intends it.

Nothing unfolds without Creation's love,
and it will not do so unless it is within the framework
of the Creation-given laws and directives.

Accept, then, that you only exist because this is how it was
intended to be and because it is predetermined for you
through the ur-eternally everlasting, Creational plan.

Live, therefore, in freedom, love, peace and harmony
among similar-minded individuals and
with all of Creation's creatures.

Live also in peace, love, freedom
and harmony with Creation,
regardless of what you may perceive Creation to be.

Live also in peace, love, freedom, and harmony with yourself,
your psyche and your personality -
regardless of your deeds, thoughts, feelings, contemplations
and aspirations throughout the rigors of daily life.

Never lose sight of this,
regardless of all the hurriedness, drudgery,
disappointments, broken dreams, negations and tears.
In spite of the turmoil surrounding you,
the world is indeed beautiful and life is worth living.

Billy

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